



COUNTYWIDE FITNESS CHALLENGE 2012



A DAY OF FAMILY FUN

BE ONE WITH NATURE!

Join us at one of LA County's 19 natural areas and wildlife sanctuaries for bird walks and nature hikes.

EVENT
SPONSOR



PLACERITA CANYON
NATURE TOURS

5 MILE
CHALLENGE HIKES
8:00 a.m. & 9:30 a.m.

BIRD WALKS AND
NATURE HIKES
Every half hour

REPTILE & ANIMAL
ENCOUNTERS

DRAWING PRIZES

APPEARANCE BY
SMOKEY BEAR

FRESH FRUIT AND
HEALTHY SNACKS

HEALTH
SCREENINGS:
Blood Pressure
Body Mass Index
Cholesterol
Glucose

Placerita Canyon Natural Area

19152 Placerita Canyon Road, Newhall, CA 91321
5th Supervisorial District

Saturday, October 20, 2012
7:30 a.m. – Noon

RSVP to secure your giveaway at
<http://dhr.lacounty.info>



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